

APRIL 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1 Make homemade cards for a retirement community.	2 Accomplish one task on your bucket list.	3 Put together a "movie night in" basket for your family.	4 Send flowers anonymously to a receptionist.	5 Deliver treats or flowers to a neighbor's house.	6 Make care bags to give to those in need.
7 Make a card for someone who just underwent surgery.	8 Write a letter to someone who has made a difference in your life.	9 Frame a friend's favorite quote and give it to them.	10 Thank the maintenance and cafeteria staff at your school.	11 Give someone an unexpected compliment.	12 Introduce yourself to someone new.	13 Write a poem for your parents.
14 Write positive messages & put them in pants pockets at a clothing store.	15 Give a plant to your teacher.	16 Don't speak over other people.	17 Make homemade play-doh to donate to a preschool class.	18 Teach someone how to make your favorite healthy snack.	19 Organize a local cleanup effort.	20 Pledge to use less plastic to lessen your carbon footprint.
21 Record a video message to send to a faraway friend.	22 Make a teacher smile! Surprise them with a treat, note, or kind words.	23 Donate dog and/or cat food to an animal shelter.	24 Reach out to someone you know going through a tough time.	25 Give an encouraging note to a friend.	26 Draw a picture for a friend.	27 Clip coupons & put them next to corresponding items in the store.
28 Work a shift in a soup kitchen.	29 Watch a movie with your sibling that they have been wanting to watch.	30 Make a friendship bracelet & give it to a new friend.	1	2	3	4