DECEMBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1 Change three small things about your routine that will help the environment.	2 When you finish reading a great book, leave it in a public place with a note for someone to find.
3 Ask a friend or a family member to go on a walk with you.	4 Give your leftovers bag from dinner to someone in need.	5 Tape kind notes to chocolate bars and hand them to strangers.	6 Make cookies for some neighbors or friends.	7 Put a dish of water outside your house for your neighbor's dog to enjoy.	8 Send a pump-up playlist to a friend going through a hard time.	9 Bring someone you care about a hot chocolate.
10 Spread the word about a local business you love in your community.	11 Write a letter by hand to someone who's made a difference in your life.	12 Create homemade bookmarks to donate to your local library.	13 Place a happy or positive sign in your front yard.	14 Bring treats to give to dogs at the park (make sure to ask the owner if it's okay).	15 Let someone in front of you in the checkout line at the store.	16 Offer a piece of gum to a stranger.
17 Leave a jar of wishing pennies by a fountain.	18 Surprise someone with a thoughtful, inexpensive gift.	19 Congratulate someone you know for something they have accomplished.	20 Do something with or for your parents that they love.	21 Share a motivating quote or story with someone who inspires you.	22 Fill a basket with everything a newborn baby needs & drop it off at a local hospital.	23 Donate some of your clothes to a local community outreach center.
24 Stop to have a conversation with someone sitting alone.	25 Volunteer to take photos of animals waiting to be adopted.	26 Buy a souvenir for someone the next time you travel away from home.	27 Offer to babysit or petsit for free.	28 Offer your seat to an elderly person.	29 Celebrate a little extra when someone tells you good news.	30/31 Share a funny picture or video with a family member.