



# Kindness Calendar

<p>Put a dish of water outside your house for your neighbor's dogs to enjoy</p> <p><b>1</b></p>	<p>Celebrate a little extra when someone tells you good news</p> <p><b>2</b></p>	<p>Offer your seat to an elderly person</p> <p><b>3</b></p>	<p>When you finish reading a great book, leave it in a public place with a note for someone to find</p> <p><b>4</b></p>	<p>Congratulate someone you know for something they have accomplished</p> <p><b>5</b></p>	<p>Pick up trash at school or in your community</p> <p><b>6</b></p>	<p>Offer a piece of gum to a stranger</p> <p><b>7</b></p>
<p>Ask a friend or a family member to go on a walk with you</p> <p><b>8</b></p>	<p>Give your leftovers bag from dinner to someone in need</p> <p><b>9</b></p>	<p>Do something with or for your parents that they love</p> <p><b>10</b></p>	<p>Make cookies for some neighbors or friends</p> <p><b>11</b></p>	<p>Offer to babysit or petsit for free</p> <p><b>12</b></p>	<p>Bring treats to give to dogs at the park (make sure to ask the owner if it's OK!)</p> <p><b>13</b></p>	<p>Send a pump-up playlist to a friend going through a hard time</p> <p><b>14</b></p>
<p>Spread the word about a local business you love in your community</p> <p><b>15</b></p>	<p>Write a letter by hand to someone who's made a difference in your life</p> <p><b>16</b></p>	<p>Create homemade bookmarks to donate to your local library</p> <p><b>17</b></p>	<p>Place a happy or positive sign in your front yard</p> <p><b>18</b></p>	<p>Bring someone you care about a hot chocolate</p> <p><b>19</b></p>	<p>Let someone cut you in the checkout line at the store</p> <p><b>20</b></p>	<p>Buy a souvenir for someone the next time you travel away from home</p> <p><b>21</b></p>
<p>Share a funny picture or video with a family member</p> <p><b>22</b></p>	<p>Surprise someone with a thoughtful, inexpensive gift</p> <p><b>23</b></p>	<p>Change three small things about your routine that will help the environment</p> <p><b>24</b></p>	<p>Tape kind notes to chocolate bars and hand them to strangers</p> <p><b>25</b></p>	<p>Share a motivating quote or story with someone who inspires you</p> <p><b>26</b></p>	<p>Fill a basket with everything a newborn baby needs and drop it off at a local hospital</p> <p><b>27</b></p>	<p>Donate some of your clothes to a local community outreach center</p> <p><b>28</b></p>
<p>Stop to have a conversation with a homeless person</p> <p><b>29</b></p>	<p>Volunteer to take photos of animals waiting to be adopted</p> <p><b>30</b></p>	<p>Leave a jar of wishing pennies by a fountain</p> <p><b>31</b></p>	<p><b>DECEMBER</b></p>			

